

## HKU SPACE-IHP SPORTS MEMBERS

### Eligibility

All HKU SPACE students (current/past) are permitted to apply for HKU SPACE-IHP Sports Membership of the Institute of Human Performance (IHP). Membership will be limited to a specific number of places as laid down and agreed by the Committee of Management for IHP. Applications will be accepted on a first-come-first-served basis.

Membership is not transferable but the valid HKU SPACE-IHP Sports Members are allowed to sign in up to three guests at a time to use the facilities. Members must accompany their guests during each activity. The fee for each activity is \$50 per guest. Guest tickets can be purchased at the reception desks at Stanley Ho and Flora Ho Sports Centres.

### Entitlement

HKU SPACE-IHP Sports Membership entitles members to use facilities at Flora Ho, Lindsay Ride and Stanley Ho Sports Centres, and Henry Fok and Stanley Smith Swimming Pools at any time during normal opening hours unless they are booked by other organisations.

The facilities include tennis courts, badminton courts, squash courts, table tennis tables, multi-purpose courts, dance studio, combat room, golf driving bays, golf sand bunker & putting green, all-weather area and fitness suite & weights room upon availability.

Bookings are essential. For details, please refer to the application form or visit our web site at <http://www.hku.hk/ihp>. For making booking, please dial our hotlines at 2817 3768 or 2819 4427.

### Admission

Sports cards must be produced for entry into IHP sports facilities.

### Fee

A new application form must be submitted together with the appropriate fee for each 12-month period that use of the IHP's facilities is required.

### Car parking

Non-members of IHP who wish to park their vehicles at Stanley Ho Sports Centre must pay a car parking fee of \$5 per half hour. Please note that HKU SPACE-IHP Sports Members are exempt from this charge.

The IHP reserves the right to alter the conditions of membership at any time.

## HOW TO APPLY

You may download a HKU SPACE-IHP Sports Membership application form from IHP website or pick one up from the reception desks at the Flora Ho or Stanley Ho Sports Centres and then forward it to: Director, Institute of Human Performance, Flora Ho Sports Centre, 111-113, Pokfulam Road, Hong Kong.

Please attach the following documents with your application form:

1. A passport size photograph
2. The HKID card/passport copy of the applicant
3. A crossed cheque payable to "The University of Hong Kong"
4. A copy of existing membership card (for renewal)

Sports card may be obtained in person at Flora Ho Sports Centre reception during opening hours no earlier than 7 (IHP General Office) working days from IHP receipt date of your submission .

HKU SPACE-IHP Members must abide by the rules and regulations for the use of the sports facilities at IHP. Violation will lead to suspension or exclusion from the membership scheme.

## FOR ENQUIRIES

Institute of Human Performance  
Located at Flora Ho Sports Centre  
111-113 Pokfulam Road  
Hong Kong, China

Phone: (852) 2817 3657 (enquiries about membership)  
(852) 2817 4046 (counter at Flora Ho Sports Centre)  
(852) 2819 5450 (counter at Stanley Ho Sports Centre)

Fax: (852) 2855 0344 (Flora Ho Sports Centre)  
(852) 2816 1701 (Stanley Ho Sports Centre)

Website: [www.hku.hk/ihp](http://www.hku.hk/ihp)

*The University of Hong Kong*

## INSTITUTE OF HUMAN PERFORMANCE



## HKU SPACE-IHP SPORTS MEMBERSHIP

[www.hku.hk/ihp](http://www.hku.hk/ihp)

STC/ms in November 2003



INSTITUTE  
OF HUMAN  
PERFORMANCE



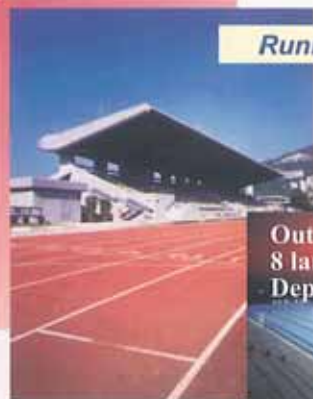
運動及潛能發展研究所

## HKU SPACE-IHP SPORTS MEMBERSHIP



*The Institute of Human Performance (IHP)* has introduced a new membership category called *HKU SPACE-IHP Membership* which is aimed at attracting HKU SPACE-IHP members to utilise facilities at Flora Ho, Lindsay Ride and Stanley Ho Sports Centres, Stanley Smith Swimming Pool at Pokfulam Road and Henry Fok Swimming Pool at Sandy Bay.

The University has for many years allowed departments and sections within HKU to book sports facilities, however, this will be the first time that individual memberships have been offered to the HKU SPACE students (current/past). It is hoped that this new policy initiative will help to strengthen the ties among the HKU SPACE, the University and IHP.



*Running Track*

Outdoors,  
8 lanes x 50m  
Depth: 1.20-2.50m



*Henry Fok Swimming Pool*

### FACILITIES AT SANDY BAY

#### Stanley Ho Sports Centre

- Tennis Courts
- Running Track
- Golf Driving Bays, Sand Bunker and Putting Green
- Multi-Purpose Court
- All-Weather Area

#### Henry Fok Swimming Pool



*Multi-Purpose Court*



*Golf Driving Bays,  
Sand Bunker and Putting Green*

### FACILITIES AT POKFULAM ROAD

#### Flora Ho and Lindsay Ride Sports Centres

- Badminton Courts
- Fitness Suite and Weights Room
- Squash Courts
- Table Tennis Area
- Dance Studio
- Combat Room

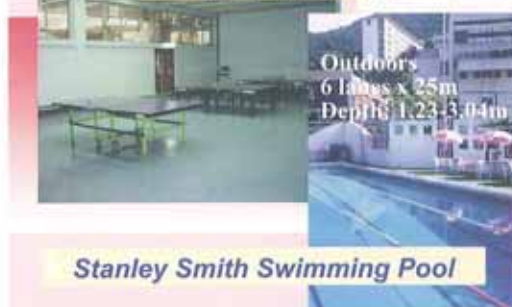
#### Stanley Smith Swimming Pool

*Fitness Suite*



*Weights Room*

*Table Tennis Area*



*Stanley Smith Swimming Pool*

Outdoors,  
6 lanes x 25m  
Depth: 1.23-3.04m

#### Annual Membership Fee

- HK\$1,650 per past (full-time/part-time) / current (part-time) student
- HK\$650 per current full-time student