The University of Hong Kong

Sports Team Newsletter

Issue 20

CENTRE FOR SPORTS AND EXERCISE
THE UNIVERSITY OF HONG KONG

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Ms. Cynthia Fan
Sport and Recreation Officer, CSE

Juliet Reuven
BSS III, Sports Scholar
Sports Team Superpass Dinner 2017

On the 27th of April 2017, all the teams, alumnus, and sponsors gathered together in Lindsay Ride Sports Centre for the annual Sports Team Superpass Celebration.

This year, the HKU teams and individuals achieved outstanding results in a wide range of local and international competitions. Below are some of the highlights of the superpass night. The night began with the roasted pig cutting, followed by the toasting.

Team of the Year

Congratulations to the Women's Basketball Team on winning the Team of the Year Award! After 14 years, the women's basketball team finally earned their first place trophy in the USFHK Competition. The team had a full packed year of intense training in preparation for this competition, and their hard work has paid off!

Women's Basketball Team
The Sportsman of the Year award goes to Chan Ming Tai Theophilus (BBA Year 4), from the Athletics Team, his main event being the Long Jump.

Some of his remarkable achievements:
- Hong Kong Long Jump Record Holder (8.12M)
- USFHK Athletics Meet -2017 - 100m 200m Long Jump - Champion
- Asian Indoor Athletics Championship 2016 - Bronze Medalist

The first Sportswoman of the Year award goes to LOO Ai Leen Shu Jen (Dentistry Year 3), from the Dragon Boat Team.

Some of her remarkable achievements:
- Captain of the Dragon Boat Team 2016-17
- 2016 World Universities Dragon Boat Race - Champion
- Hong Kong International Dragon Boat Festival - Champion
- 2nd Inter-University Dragon Boat - Champion

The second Sportswoman of the Year award goes to Yeung Man Wai Cecilia (BBA Year 3), from the Athletics team, her main event being the High Jump.

Some of her remarkable achievements:
- Hong Kong High Jump Record Holder (1.88M)
- Hong Kong Athletic Championship 2017 - Champion
- Hong Kong Inter-City Athletics Championship - Champion
- USFHK Athletics Meet 2017 - High Jump - Champion
Outstanding Team Awards

The Outstanding Team Award, honouring the teams that demonstrated remarkable performances in their field went to four teams this year. Well done to all the teams, and may they continue their efforts and maintain their spirit in the upcoming year!

Athletics Team

Fencing Team

Men’s Football Team

Women’s Karate Team

The Lucky Draw is one of the most exciting parts of the Superpass dinner! We would like to take the opportunity to give special thanks to our sponsors for the extraordinary gifts and congratulations to the lucky ones that were able to win one of these prizes!
The HKU Dragon Boat Team participated in the 3rd Hong Kong Inter-University Dragon Boat Championships on the 29th of April at Shing Mun River. It was an intense competition against 8 other university teams in Hong Kong whilst we battled to defend our title of Overall Grand Champion.

Our team comprising of 50 athletes participated in all the categories, including Men’s, Women’s and Mixed 10-seater small boat, as well as Men’s and Mixed 20-seater standard boat. After 10 back to back events, our team emerged persistently victorious, clinching the Gold in all the 10-seater small boat categories and in the Mixed 20-seater standard boat category.

Results:
Overall Grand Champion Team
Men’s Small Boat 200m: Champion
Women’s Small Boat 200m: Champion
Mixed Small Boat 200m: Champion
Mixed Standard Boat 200m: Champion
Men’s Standard Boat 200m: 1st Runner Up

Our results in this competition are testament to the diligence and perseverance of our all teammates. With this, a big part of success is also dedicated to our Coach, Anson Kwok, and the Centre for Sport and Exercise HKU, whom with which, would not produce our team of Champions.
The 17th Asian Open Kendo Championships

This year, members of HKU Kendo Club participated in Hong Kong Asian Open Kendo Championships, one of the largest kendo competitions in Asia from 11 to 12 of March. It is a valuable experience for the HKU Kendo Club members to compete with elite kendo players from other parts of Asia such as Japan, China and Russia. In the competition, the athletes pushed themselves to their limits to show their spirit and determination. We are glad to announce that one of our members, Chan Chi Tao, won the Second runner-up and Fighting Spirit Award in the Team of Three Competition. It is a very inspiring result to our club considering that we have to compete with highly skilled kendo veterans.

We would like to thank our coach, Lee Suk Ling, and other members in helping us to accomplish such an achievement. We also look forward to elevating the Kendo Club’s performance in upcoming tournaments.

Sport Climbing Competitions

The Sport Climbing Team recently participated in two competitions, the Sport Climbing Bun Festival, and the 60th Samsung Festival of Sport Climbing.

This years' Bun Carnival, to celebrate Cheung Chau’s Da Jiu tradition was held on the 22nd of April. The University Team entered two teams in the relay competition and secured first and fourth place.

The 60th Samsung Festival of Sport Championships was held on the 21st of May. The University Team performed extremely well, with most teammates entering the finals. Men’s Team Captain Nicolas Lai [BSocSc(GL)&LLB II] came in second in Men’s Amateur, whilst Connie Lau [PhD I] came in 4th in Women’s Open. Freshmen teammates Sherry Tse [BSc I] and Ambrose Yee [BCon&Fin I] also came in 3rd and 4th in their respective categories, illustrating their immense improvement this year.
Inter-University Softball competition

After a year of hard work, the male and female university softball team captured the Inter-University Softball Competition champion on 1st May 2017. Both teams fought with their best to reclaim the co-champs title in the Competition again after two years.

It has been two years since HKU softball acclimed co-champs in the Inter-University Softball Competition. The championship also belongs to our coaches who guided us with their utmost patience. Thank you Mr. Ng Ling Kwan (male team coach) and Mr. Ip Ying Kin (female team coach) who have brought the team this far. We would like to extend our gratitude to our team manager, Ms. Cynthia Fan, who has devoted wholeheartedly to ensure the teams operate most efficiently. We appreciate all the support from our friends and teammates who supported us along our road to victory.

Thank you everyone for the wonderful year. We are confident that the team will continue to strive for excellence and achieve higher in the years to come!
Swimming Team Oversea Training Trip

Date: 5 to 11 June
Location: Taichung, Taiwan

During the first week of June, the Swimming Team had traveled to Tai Chung for a 7-days training camp. The swimming team was pleased to be given an opportunity to train and compete with students the National Taiwan University of Sport, and they also had a cultural exchange session with students from the National Chin-Yi University of Technology.

The trip was remarkable and our teammates were able to level up their physical condition and to be prepared for the upcoming competitions. Most importantly, the trip has provided an opportunity to strengthen our bonding and to develop team spirit, with our team members and our coach.

Lastly, we hoped to take this chance to thanks our coach Mr. Wan Lap San, our advisor Mrs. Tsang Ng Hoi Yin and for all the effort in making this trip successful.

Tennis Team Oversea Training Trip

Date: 24 to 28 August
Location: Tokyo, Japan

The Tennis Team had an amazing training trip in Keio University in late August. 19 HKU athletes began the trip with the objectives to improve their tennis techniques and to promote cultural exchange.

During the trainings, they adopted drills assigned by the Keio’s team. Their team focused more on volley drills which were slightly different from our trainings. Despite this, the HKU Tennis Team had some friendly matches to better their mindset during matches. By the end of the trip, not only did the athletes achieve their objectives, but also, the bond and team spirit of the team was also enhanced.

Special thanks goes to our coach Ricky and his friend Mr Uchida for taking care of us for 5 days and for Keio university for hosting us and making this a wonderful trip.
All China University Athletics Championship

Date: 15 to 20 July
Location: Ordos, Inner Mongolia

We had a total of 7 athletes attended 400m, 800m, 500m, 5000m and lastly the 4x400 relay. Some of our athletes achieved good results in the competition. Fung Chun Hin and Wong Yu Chau got 3rd runner-up and 6th in 400m and 800m respectively. Nonetheless, our team had captured 2nd runner-up in the Men’s 4x400 relay. This was the first time for all 7 athletes competing overseas. It was a great opportunity to broaden their horizons indeed, and to learn how to get well prepare for upcoming competitions in the future.

Last but not least, we would like to express our gratitude to Ms. Ng and the alumni for their support. This was an enjoyable yet memorable experience for our athletes to enrich themselves.

21st All China University Badminton Championship

Date: 25 July to 3 August
Location: Wuhan Business University

The HKU badminton team achieved excellent results both in the team and individual events. The women’s team placed third in Group A, while the men’s team placed ninth in Group B. For individual events, our players from the Women’s Doubles and Mixed Doubles event reached the top 32, while the Men’s Singles, Women’s Singles, and Doubles players reached the top 16.

The Championship was, without doubt, one of the most memorable and valuable experiences for the Badminton team. Not only did the competition give the team opportunities to compete with elite Chinese players, but it also matured each and every one of us as athletes.
Date: 8 to 15 August  
Location: Fudan University, Shanghai

The Women’s Football Team and Men’s Volleyball Team competed against universities from China, Macau, Hong Kong and Taiwan.

The Women’s Football Team surpassed their expectations and did not lose a single match over this trip, they ended with three draws and a win, beating the league winners from Shanghai.

The Men’s Volleyball team managed to win only one of three matches in the preliminary round. With team spirit and determination, the Men’s Volleyball Team defeated all the teams in the final round, ending up with the position of 4th runner up in the competition.

Over the eight days, both teams spirit strengthened significantly, walking away from this competition with stronger friendships, improved team dynamics and new knowledge gained from their opponents.

We would like to express our heartfelt gratitude to Fudan University and all the managers, coaches and organizers for organizing this wonderful event.
Whilst many students were making vacation plans for their summer break, our Team was training hard in preparation for two important races in China in June 2017.

The first was an invitational race in Tianjin from 9th-16th June where our Team was hosted by Nankai University. Throughout the seven days that they were in Northern China, our Team attended two different competitions, in Tianjin and Beijing respectively. They were pitted against dragon boat teams from other renowned universities such as Beijing University, Nankai University, etc.

Our Team competed in 2 categories - Men’s and Mixed category, racing in both 200m and 500m races. It was an extremely successful race outing with the Team clinching 3 Gold and 1 Silver from all the races.

 Barely a week after returning from Tianjin, our Men’s Team set off to DaLi county, Shaanxi to attend the World Universities Dragon Boat Championships from 22nd-26th June. Hosted by the International Collegiate Dragon Boat Federation, this competition saw the participation of over 30 world famous universities.

Our Team participated in the 12-seater boat 200m and 500m sprint races. It was a tough fight against nine other strong contenders, but our team’s years of racing experience definitely played a part in helping to secure a podium finish.
Taipei 2017 - 29th Summer Universiade

Date: 19 to 30 August

Taipei Universiade 2017 was held in Taipei, Taiwan, from the 19th to 30th of August. We had a total of eight athletes from HKU who participated in this international competition.

Ryan Choi
Fencing

The Universiade is a very precious and memorable experience for me. The most unforgettable thing of this trip is being able to exchange the unique pins with people from different countries, making new friends and understanding the culture of different countries through communicating with them.

Joey Lau
Fencing

This is my first time representing HKU in the Universiade Games. Participating in such an enormous international sporting event was an amazing and valuable experience. This competition is different from other championships since it is infrequent to both compete with and befriend university students from other countries.

Moonie Chu
Fencing

It was a great opportunity to represent HKU at the Universiade Games. It was an eye-opening experience to compete with world-class athletes and I also enjoyed the fun atmosphere of a sports game.

Coco Lin
Fencing

Thank you HKU for giving me the chance to participate in the Universiade Games as a student athlete. I had a chance to compete with world-class student fencers all around the world, and also to experience the vibrant athlete village life.
Taipei 2017 - 29th Summer Universiade

Cecilia Yeung
Athletics
This was my first ever world level competition, the greatest experience I ever had so far. The friendly but competitive atmosphere surrounding the stadium was unforgettable and made me enjoy being an athlete representing Hong Kong.

Theophilus Chan
Athletics
It was my honour to once again represent Hong Kong and HKU at the World Universiade, this time in Taipei 2017. Although the result is not what I expected nor hoped for, it was nonetheless a learning experience, a stepping-stone en route to my next goal - becoming a world-class athlete.

Rainbow Ip
Swimming
Representing Hong Kong and HKU to participate in the Universiade 2017 is definitely the highlight of my university life. Besides, I would like to thank HKU sports department for their support throughout the competition. It's time to train harder for Universiade 2019.

Ivan Yau
Volleyball
I am glad to be one of the HKU Sports Scholars participating in the Taipei Universiade and I would like to deeply thank HKU for the support over the years. I hope our effort can arouse the in sports around HKU!

Ms. Ng (Official)
It is my greatest pleasure and honor to join the HK team at the 2017 Taipei Universiade as an official. We are very proud of the performances of the HK team athletes. During those two weeks, there are so much to see, to learn and to enjoy. As the Universiade slogan says ‘For You, For Youth’, it is a platform for our young people to show case their sports talents on the international platform. No matter they bring home a medal or not, the sweet memories and friendships will be the greatest treasure to everyone of us.
Vice Chancellor Meeting with Student Representatives

HKU Vice Chancellor meets with athletes representatives of the 2017 Taipei Summer Universiade and voices support for the HKU Sports Scholars.

Before our HKU Sports Scholars leave for the 29th Summer Universiade 2017 in Taipei this August to compete in athletics, swimming, fencing and volleyball, President Mathieson sends them off with his best wishes at the Foundation Chamber.

Our HKU WUG representatives:
From the Left;
Mr. Choi Chun Yin Ryan (Fencing) - BBA (Acc & Fin) Year 2
Miss Chu Ka Mong (Fencing) - BSS Year 4
Miss Ip Rainbow (Swimming) - BBA (Acc & Fin) Year 2
Miss Yeung Man Wai (Athletics) - BBA Year 3
Mr. Yau Tze Ching (Volleyball) - BENG Year 4
Mr. Chan Ming Tai (Athletics) - BBA (Acc & Fin) Year 4
Miss Lin Yik Hei Coco (Fencing) - BA(LS) Graduate
Miss Lau Cheuk Yu (Fencing) - BA Year 2
2017/2018 Sports Scholars

Athletics

Rajagopal Kavin
BEng

Leung Dun Pok
BNURS

Wong Hoi Tung
BEng

Badminton

Ip Shuk Tin Tina
MBBS

Lo Tsun Kiu
BBA (Acc&Fin)

Basketball

Lo Chi Kin
BEng

Cheung Hung Yan
BDS
2017/2018 Sports Scholars

Football
Yu Ching Chun
BSc

Football
Ho Chun Ying
BBA

Football
Gurung Sijan
BEng

Tennis
Lam Wing Kiu
BSc

Tennis
Lee Wai Leuk Alan
BBA (Acc&Fin)

Tennis
Law Ka Wui Wesley
LLB

Volleyball
Lok Shun
BA

Volleyball
Law Lok Yin
BBA (Acc&Fin)
2017/2018 Sports Scholars

Fencing
Chan Long Hei
BSurv

Fencing
Chiu Cheuk Ki
BDS

Karatedo
Chan Yin Kwan Nicole
BDS

Swimming
Tse Tsz Fung
BEng

Swimming
Sze Steffi Charlene
BJ

Swimming
Siu Yu Hin
BEng

Handball
Wong Lok Kan
BA

Handball
Ng Pit Ching
BBA
What’s Next?

- The 21st Jackie Chan Challenge Cup
- The 38th AIG Aquatic Meet
- The 54th USFHK Aquatic Meet
- The 31st USFHK Cross Country Competition
- The 8th All China University Karatedo Championship
- Sports Team Winter Break Training Camps
- The 38th AIG Athletic Meet, Ball Games & Archery

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