Meet the Editors

HO LONG SZE KELLY
BBA (ACCT & FIN) YEAR 3

VON PFLUG SOMPHRATTANA MELITTA
BBA & BED (LANGED) - ENG YEAR 4

WONG CHUN LOK
BSC (AC) YEAR 3

JULIET REUVEN
BBA YEAR 2

NG KA KA
BBA (ACCT & FIN) YEAR 2

CHEUNG ARTHUR
BSC (EXERCISE & HEALTH) YEAR 3

HKU Sports Team Newsletter Issue 17
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2015-2016 was a fruitful year for HKU sports teams. Many of them obtained outstanding results in various local and international competitions. In order to celebrate the hardwork of the teams, we gathered again in Lindsay Ride Sport Centre on April 30, 2016 to share the joy of our excellency with our alumnus and sponsors, and honoured the Superpass Celebration before final exams began. Below are some highlights of the night.

Roasted pig cutting

As a HKU tradition during the Superpass Celebration, we invited alumnus, sponsors, IHP staff members and student representatives to cut the roasted pig in order to wish our athletes good luck in their final examinations. This year, we had two roasted pigs to ensure all attendees of the Superpass Gathering were able to get a taste of this delicious pork, as well as receive our blessings.

Team of the year

Congratulations to Men’s Soccer Team on winning Team of the Year Award. This year, they earned a second place in the USFHK competition after hard fought fights. The team trained hard in the past year, and they took a overseas training camp in Okinawa right before the final match. The intense trainings not only improved the team’ performance, it also fostered a strong bonding to be built up and a team spirit to thrive. Keep up the hard work!
Sportsman and Sportswoman of the Year

Sportswoman: Lin Yik Hei Coco (Fencing)
- 2016 USFHK Fencing Competition Women’s Epee Team Champion
- 2015 U23 Fencing Championships Women’s Epee Individual Champion, Team Bronze
- 2015 Asian Junior and Cadet Fencing Championships Women’s Team 4th place

Sportsman: Chan Ming Tai
- 2015 Hong Kong Inter-City Athletics Championships 2015, 1st place in Long Jump
- 2015 Gwangju World Universiade 4th place in Long Jump
- 2016 Asian Indoor Athletics Championships 3rd place in Long Jump

USFHK Records: (1) Gwangju World Universiade 7.89 m
Hong Kong Records: (1) Gwangju World Universiade 7.89 m (2) Hong Kong Inter-city Athletics Championships 2015 7.83 m

Music performance & lucky draw

HKU athletes are not only good at sports but there are also many hidden talents among them. This year, Theodora Yu and Dong Si Wah from Rowing Team, plus Henry Chan from Rugby Team, pulled off a brilliant music performance for us. Thumbs up for the all-rounded talents of HKU athletes!

The Lucky Draw was perhaps the most exciting part of the Superpass Gathering. We prepared so many extraordinary gifts, including polaroid camera, sportswear, sports camera and more. Are you lucky enough to win one of our fabulous prizes?
Sports Scholars
2016 - 2017

Chau Man Hang Malcolm
Fencing
BBA (ACC & FIN)

Yan Ho Ching
Fencing
BA

Yeung Yi Man
Handball
BENG

Tang Man Ting
Handball
BBA (ACC & FIN)

Yu Wai Chuen
Handball
BSC

Tsang Ka Lee
Handball / Basketball
BA (AS)
Sports Scholars 2016 - 2017

LUK KIN MING
SOCCER
BA

CHAN WAI Lok RICO
SOCCER
BA

TSANG CHUN YUNG TREVOR
SOCCER
SSC(IM)

CHEUNG WAI SING
SOCCER/VOLLEYBALL/BASKETBALL
(SECON&FIN)

LEE TSZ HONG
SWIMMING
LLB

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Sports Scholars
2016 - 2017

CHENG HEI MAN
SWIMMING/WATERPOLO
BBA(ACO&FIN)

TANG YUE MAN MICHELLE
SWIMMING/LIFE SAVING
(SECON&FIN)

YEUNG KAM LEUNG KENNETH
SWIMMING
MBBS

PUN KWONG KIN
SWIMMING
BENG

LIU HO YEE
SWIMMING/INDOOR ROWING
LLB

YUEN SZE HANG CHERYL
SWIMMING/LIFE SAVING
BJ
Sports Scholars
2016 - 2017

Hung Fan Tsun Francis
Table-Tennis
BDS

Chan Chak Lam
Tennis
BSB(GL)&LLB

Lam Michael
Triathlon
BSC (E&H)

Mak Sai Yin
Volleyball
BBA(ACC&FIN)

Choi Lok Yin Ryan
Volleyball
BSC(SURV)

Chan Tsz Kit
Windsurfing
(SECON&FIN)

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In order to foster the bonding among this year’s Sports Scholars, and to strengthen the awareness, appreciation, sense of belonging and sense of responsibility of being a HKU Sports Scholar, an orientation gathering was held on September 25th, 2016 in Flora Ho Sports Centre. Prepared by former Sports Scholars, the gathering included a session for Sports Scholars to introduce themselves, as well as some ice-breaking games. It was a great opportunity to let Sports Scholars get to know each other.
HKU student Yeung Man Wai Cecilia first broke the Hong Kong Female High Jump record in March this year, then she continued to renew her own record in other competitions in May. Cecilia participated in the Taiwan Athletics Open 2016 on May 20th and broke the Hong Kong Female High Jump record, which was held by her, with the result of 1.83 meters. She later attempted 1.85 meters, but she failed in the 3 attempts. But Cecilia was able to win a gold medal in the competition with this result. Breaking the Hong Kong record is such an extraordinary achievement, especially when Cecilia renewed her own records within a short time. Once again, congratulations to Cecilia and we look forward to your performance in the future.
Athletics Team went to a summer training camp in Taichung on the 30th August to 4th September. During the camp, there were two training sessions in the morning and in the afternoon. Through those intense trainings, the team had acquired new knowledge for improving themselves. Hong Kong athletes focus more on techniques, while Taiwan athletes put a strong emphasis on warm up exercises and foundation skills, the difference in styles of techniques had inspired the team a lot. Apart from training all day long, there was time for some leisure activities such as visiting the Feng Cha night market with the Taiwan University Students. This summer training camp has allowed the team to communicate with local university students which offered them a lot of new insights. All team members really enjoyed the time in Taichung, it was a truly fruitful experience.
The 20th China University Badminton Championship was held from 6 August to 11 August at the Ordos Training Sports Centre. A total of 12 athletes, including 7 male and 5 female, competed for HKU. This year, our Men’s and Women’s team came 9th and 13th out of 16 universities in Division A1 respectively.

Half of our athletes participated in this competition for the first time and we all gained a lot. Through competing with strong opponents, we have broadened our horizons and understood our limitations more. By reviewing and discussing after each match, we learnt to enjoy competition and perform our best. Results were only a reward for what we have been training for, the most important is that we become more united and have the strength to continue to move forward.
During the past summer holiday, both Men’s and Women’s Handball Team had travelled to Taiwan, participating in the National Taiwan University International Handball Invitation Tournament 2016. The tournament scale was historical the biggest as there were in total 25 teams around Asia joined.

The involvement of the top Universities in the tournament enhanced the level of the matches, providing chances for our teams to learn and more importantly develop friendship with handball players from different countries.

After a series of intense competitions from 7th to 12th in July, both of our teams earned the 6th runners-up. Although the results are surely not the best we wished for, this experience did provide crucial developments for our teams. It is always good to discover the problems in teams earlier than later. Let’s regard this unsatisfactory performance as a stepping stone to our road of success in the coming season of USHK competitions.
China University Hockey Championship

Last summer, our HKU Hockey Team has taken part in the China University Hockey Championship. There were many universities in China took part in the event, and it was a great success. It was a valuable experience for each player who has participated in the competition to play with foreign players with more advanced levels and skills. Our men’s team has got Champion while women’s team has got Second Runner Up in the event. All of us enjoyed every match. With more resources and support from HKU, we believe HKU Hockey Team could definitely perform better in future events and more people will be familiar to hockey.
Soccer Team

Competition in Shanghai Fudan University

The women’s football team went to Shanghai Fudan University for an international competition from the 14th - 21st of August. The competition involved teams from other universities in China and after a series of tough battles, we came second place overall and brought home a trophy while winning a game 5-0 in the process. The trip offered a great team bonding experience and through these eight days we learnt a lot about each other which further strengthened our teamwork and communication on the pitch. The cultural exchange also provided a valuable opportunity for us to learn from other teams and we made a lot of new friends in the process. All in all, it was a fantastic trip and we cannot wait for another one!
The 22nd Hong Kong Universities Rowing Championships 2016

In the annual Hong Kong Universities Rowing Championships, the most prestigious university rowing event in the racing year, our HKU Men’s Rowing Team achieved the Overall 2nd Runner-Up position in the competition: Final Year E&H student and current Hong Kong Team representative James Wong competed in the Men’s Single Sculls (M1X) and placed 2nd, whilst our Men’s Coxless Four (M4-) also finished 2nd place.

The HKU Women’s Coxed Eight (W8+) were crowned Champions of their race after emerging as victors in a tight battle over rivals HKBU and CUHK, whilst the Women’s Coxed Four (W4+) finished 2nd Runner-Up, allowing the HKU Women’s Team to finish in Overall 2nd Runner-Up position.

The 30th Intervarsity Rowing Championships

In, The 30th Intervarsity Rowing Championships in September, the two Men’s Teams compete in the Coxed Eight event over a 3300-metre race, whilst the two Women’s Teams compete in the Coxed Four event over a 1500-metre distance. Our Men’s Team finished 1st Runner-Up whilst our Women’s Team claimed the Champion title over CUHK once again after their triumph in the W8+ category at the Universities Rowing Championships.
“Netball? Oh you shoot baskets to score goals, so you mean basketball?”

“No, we can’t dribble the ball, and we’re not allowed to step with the ball.”

“Okay, so like handball?”

“Well, no. We play netball. It’s ok if you don’t understand. It’s a good start to just know that a sport like this exists.”

If you haven’t heard about our club, the Netball Club, HKUSU has actually had quite a successful few years. Both the women and men’s teams won the gold medal at the Joint University Championships the last two years, after hard fought matches against 5 other local universities.

After a series of successful orientation programs including Taster courses and the Orientation Camp last week, the club is seeing an exponential growth in members. We now have 60+ members, boys and girls, coming out to regular trainings since school started.

It was a fun and enjoyable experience, as well as good preparation for our competitive players who also participate in the Hong Kong Netball League outside of school, with its season kicking off this coming week! HKU has three teams in three different divisions, Knights (Div.3), Duchess (Div.4) and Bishop (Div.7) in this ladies’ league, and we’re ready for another year of packed with intense netball! Stay tuned for more updates from us!
The success of HKU Sports Team is attributed not solely to the hard work of our athletes, but also to the generous and active support of our sponsors. They include:

Mr. John Huen (Volleyball Team)
Mr. Liang Xiao Chen (Soccer Team)
Mr. Terence Ng
Mr. Simon Tang (Badminton Team)

Our next issue will feature...

All China University Sports Climbing Championship
All China University Karatedo Championship
The 37th AIG Aquatic Meet
The 20th Jackie Chan Challenge Cup
USFK Aquatic Meet
USFK Cross Country Competition
Sports Teams Winter break Training camps
The 37th AIG Athletic Meet, Ball Games & Archery